

40 Cottage St

Rutland

Wednesday morning

Dearist Marie: As long as the daylight lasted, which was until perhaps a quarter after seven o'clock the ride from Troy on the poky accommodation train was quite pleasant, for the light on the hills and the floating wreaths of feathery clouds made the prospect from the car windows much more than usually beautiful. The last hour and a quarter was rather tedious, especially as I had not slept a wink the night before, and a sharp drop in the temperature made the car rather cold when we were at the stations and the doors were open. In spite of not having slept I felt so very well and so little sleepy that

I wonder that I did not realize that the insomnia was due to digestive disturbance. But when I waked between two and three last night I was fully conscious of having what used to be called a bilious attack. I was extremely nervous, cold and hot by turns, though without any pronounced rigor. Not wanting to disturb Aunt Mina I kept as quiet as I could. Fortunately at five o'clock I began to have natural relief, and as I took nothing but some hot tea at breakfast, and have been to a drug store and taken a bottle of citrate of magnesia, I am now all right again. But to make sure I shall eat little until all trace of the disturbance is over. It is not of any importance and I

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can laugh at it now, but for three or four hours in the night I was sicker than I have been in many years.

As we reached Rutland I went into the station at once to see about our sleeping car accommodations for tonight. Only upper berths were available but the station agent said he thought an extra car would be put on and told me to come back about eleven this morning. He said he would try to get me a section, but would see that I had the upper if nothing better can be had.

The pall of cloud that covered everything yesterday lifted this morning which is clear, crisp and sunny. As Nathalie says it is a lovely day, but no longer summer. The change is far from being con-

Sept. 24-1904

welcome for the days in Rochester were very warm and sultry.

The last evening there Mr. S. and I played Russian Bank a two handed solitaire - if one may use that phrase, which you will greatly enjoy I am sure. A nice letter has just come from Mansfield who says we are expected for breakfast tomorrow morning. If we could not get berths on the midnight train tonight we should not be able to reach N.Y. before Sep in the evening as the early morning train has been taken off. Travel in N. England is not pleasurable.

I shall send a small package of laundry to you with this letter - 2 shorts, 2 pair of Sox, 2 handkerchiefs & 3 collars.

No word from you yet. We shall doubtless hear this afternoon, but I shall not delay the mailing of this. Aunt Mina says to give you her love. This carries all there is in the world from me, beloved & I am always your devoted
Frederick

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